



# 21<sup>st</sup> Congress of the European Society for Dermatology and Psychiatry

**1<sup>st</sup> World**  
Psychodermatology  
**Congress**

28-31 May 2025 / Radisson Blu Sisli Hotel, Istanbul - Türkiye

**08:30-10:15**

## **Psychotrichology Session**

**HALL 2**

*Chair: Roxanna Sadoughifar, Monika Fida*

08:30-08:42

The role of trichoscopy in the diagnosis and follow up of trichotillomania

*Monika Fida*

08:42-08:54

Trichotillomania: Therapeutic aspects

*Anna Evlanova*

08:54-09:06

How to manage trichotillomania in multidiscipline treatment approach

*Wei Shi*

09:06-09:18

The role of psychological factors in the development, evolution, and therapy of alopecia areata

*Mahmudur Rahman*

09:18-09:30

The invisible impact of alopecia areata

*Roxanna Sadoughifar*

09:30-09:42

Hirsutism associated with PCOS and its impact on mental health

*Shashank Bhargava*

09:42-09:54

Quality of life in hair disorders with particular focus on lichen plano pilaris

*Shubh Mohan Singh*

09:54-10:06

Trichotillomania: searching an unnoticed pathology

*Carmen Rodriguez Cerdeira*

10:06-10:15

Q&A

MAY 31 2025, SATURDAY